

# Parks + Rec

— BEREHA, OHIO —

## CONTACT US

### **Marty Compton**

Director of Recreation

[mcompton@cityofbera.org](mailto:mcompton@cityofbera.org)

### **Keith Wilson**

Assistant Director of Recreation

[kwilson@cityofbera.org](mailto:kwilson@cityofbera.org)

### **Lori Jakobsky**

Coe Lake Rentals & Programing

[ljakobsky@cityofbera.org](mailto:ljakobsky@cityofbera.org)

### **Carol Roman**

Aquatics

[croman@cityofbera.org](mailto:croman@cityofbera.org)

### **Michelle Skutt**

Active Senior Network

[mस्कutt@cityofbera.org](mailto:mस्कutt@cityofbera.org)

### **Natalie Guzzo &**

### **Lori Overbaugh**

Community Outreach

[nguzzo@cityofbera.org](mailto:nguzzo@cityofbera.org)

[loverbaugh@cityofbera.org](mailto:loverbaugh@cityofbera.org)

# DECEMBER 2025



[www.cityofbera.org](http://www.cityofbera.org)



440-826-5890



# FACILITY RENTALS



## FACILITY

## LOCATION

## FEE

## RENTAL TIME

<b>Pergola</b>	Coe Lake Nature Trail	Call for pricing	2-hour
<b>Gazebo</b>	Coe Lake Park	Call for pricing	2-hour
<b>Pavilion</b>	Coe Lake Park	Call for pricing	2-hour
<b>Outdoor Pool</b>	Outdoor Pool (Near Coe Lake)	Call for pricing	Time varies
<b>Berea Recreation Center</b> Gym, fitness rooms, Active Senior Network Room	Berea Recreation Center 451 Front St.	Call for pricing	Time varies

All rentals require approval and permit issued from the City of Berea.

**2026 Rentals will open for sale on January 7, 2026 at 10 a.m.**

**Please contact Lori Jakobsky for more information**  
(440) 826-5890  
ljakobsky@cityofberea.org



# MEMBERSHIP FEES

*All memberships are sold annually*



## BEREA RECREATION DEPARTMENT MEMBERSHIP RATES

*All Memberships are sold annually*

RECREATION CENTER MEMBERSHIP	Ages	Berea Resident	Work in Berea	Our Neighbor	Non-Resident
		Fees	Fees	Fees	Fees
First Adult	18-59	\$130.00	\$237.00	\$263.00	\$298.00
Additional Adult Same Household	18-59	\$118.00	\$211.00	\$238.00	\$255.00
Additional Youth/ Teen Same Household	8-17	\$43.00	\$111.00	\$111.00	\$136.00
Single Youth	8-12	\$58.00	\$162.00	\$186.00	\$186.00
Single Teen	13-17	\$83.00	\$169.00	\$204.00	\$204.00
Single College Student	18-24	\$100.00	\$100.00	\$100.00	\$100.00
Senior	60+	\$58.00	\$111.00	\$120.00	\$154.00
Temp Mem -30 days	NA	\$52.00	\$83.00	\$83.00	\$83.00
Temp Mem- 90 days	NA	\$97.00	\$155.00	\$155.00	\$155.00

**\*OUR NEIGHBORS INCLUDE: Brook Park, Middleburg Heights, Olmsted Falls, Olmsted Twp., Columbia Station & Strongsville**

# ADULT PROGRAMS

## POWER PASS CLASSES

Try a class in a fun social environment while taking advantage of the high-energy support and leadership of our top-notch instructors. To participate in any of the classes listed below, a purchase of a power pass card is required or you may purchase a daily drop in fee per class.

### CLASS SCHEDULE

SPINNING	Mondays, Wednesdays & Fridays	8-8:45 a.m.
	Thursdays	5-5:45 p.m.
TAI CHI	Tuesdays & Thursdays	11 a.m.-12 p.m.
YOGA- GENTLE FLOW	Mondays, Wednesdays & Fridays	9-10 a.m.
WATER YOGA	Saturdays	9 a.m.

## SPINNING

Spinning is an indoor cycling workout on a stationary bike. The intensity will carry throughout the class thanks to different body positions (i.e. standing versus sitting), pedal speed, and resistance. The instructor will tell you when to change your settings so your ride feels like it would outdoors- complete with hill climbs, sprints, and coasting.

## WATER YOGA CLASS

Practicing Yoga in the water presents a whole new venue for the art. Many students may find yoga on a mat somewhat limiting, and may have difficulty getting into certain poses. Yoga in the water gives participants the feeling of weightlessness, helping take the stress out of and stabilizing the joints in order to relieve muscular discomfort. Even the most experienced yoga students find that they can take their practice to a whole new level by practicing familiar or new poses on a deeper level.

## TAI CHI

Class instructed by Jared who has over 20 years of experience in Chinese martial arts. He is a certified instructor in Clear Tai Chi and the Chen family style of Taijiquan.

This class will teach fundamental Tai Chi principles and skills that are testable with other people. When Tai Chi is practiced with a strong understanding of the underlying principles the practitioner will gain the greatest benefits regardless of age or experience.

# SILVER SNEAKERS FITNESS



### CLASS SCHEDULE

YOGA STRETCH	Tuesdays & Thursdays	10:30 a.m.
	Mondays, Wednesdays & Fridays	9:30 a.m.
SILVERSPLASH	Monday-Friday	9 a.m.
CLASSIC (MSROM)	Mondays, Wednesdays & Fridays	10:45 a.m.

## CLASS DESCRIPTIONS

### SILVER SNEAKERS-CLASSIC (MSROM)

Have fun and move to the music through a variety of exercises designed to increase muscular strength and range of movement to assist with daily living skills. Hand held weights, elastic tubing with handles and a ball are offered for resistance, and a chair is used for sitting and /or standing support.

### SILVER SNEAKERS-YOGA STRETCH

Move your body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of motion. Breathing exercises and final relaxation will promote stress reduction and mental clarity.

### SILVER SNEAKERS- SILVERSPLASH

A shallow-water exercise class that uses a signature splash-board to increase movement and intensity options. Splash is suitable for all skill levels and is safe for non-swimmers. The pool provides many benefits when used for aerobic exercise and resistance training.



# ADULT PROGRAMS



## MONDAYS:

9:30 - 10:30 a.m.  
& 6 - 7 p.m.

## TUESDAYS:

6 - 7 p.m.

## WEDNESDAYS:

9:30 - 10:30 a.m.  
6 - 7 p.m.

## FRIDAYS:

9:30 - 10:30 a.m.

## SATURDAYS:

9 - 10 a.m.



For more information, cost and registration, contact Carlyn Eschuk at (216) 407-6416 or [carlyn.spons@yahoo.com](mailto:carlyn.spons@yahoo.com)



## PERSONAL TRAINING

**Megan Reilly**, Certified Personal Trainer  
(440) 668-7859 or [megreilly123@gmail.com](mailto:megreilly123@gmail.com)

Megan Reilly is a certified personal trainer who offer a variety of services to their clients. Please contact Megan to discuss your goals and come up with a fitness plan.



## BODY SCULPTING™

**Tuesdays and Thursdays  
6 - 7 p.m.**



A cardiovascular strength-training class designed to make you lean and defined providing a results-oriented whole body workout. Build and sculpt muscles, strengthen your core, improve your strength and flexibility while burning fat and calories by using just one set of 5 lb. dumbbells. Bring a set of 5 lb. dumbbells, exercise mat, water bottle, and stretch band to class (available on our website). Accommodates all fitness levels. Work out at your own pace.

**\$55 per 8-class term**

For more information and to register for classes, visit [www.flexcity.com](http://www.flexcity.com).

To contact us, email:  
[bodysculpting@flexcity.com](mailto:bodysculpting@flexcity.com)

## YOUTH SPORTS

**BOXING TRAINING**

**PROGRAM DESCRIPTION:** THE INTRO TO BOXING PROGRAM IS A 45-MINUTE RECREATIONAL SESSION DESIGNED FOR BEGINNERS TO LEARN THE FUNDAMENTALS OF BOXING IN A SUPPORTIVE AND FUN ENVIRONMENT. THE COURSE EMPHASIZES BASIC TECHNIQUES, OVERALL FITNESS, AND CONFIDENCE. PARTICIPANTS WILL LEARN PROPER FORM, BASIC PUNCHES, AND DEFENSIVE MOVEMENTS WHILE IMPROVING STRENGTH, AGILITY, AND CARDIO ENDURANCE.

**AGES 8 AND UP**  
**COST:**  
**1 SESSION = \$32 OR 4 SESSIONS = \$115**

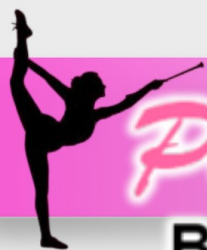
**REGISTER IN PERSON AT THE BEREA REC**







BE SURE TO  
LISTEN FOR  
CHRISTMAS  
MUSIC AND  
WAVE HELLO  
WHEN SANTA  
DRIVES BY  
ON SUNDAY  
NIGHT!



## Pink Ladies BATON CORPS

The Pink Ladies Baton Corps of Berea, Ohio teaches **baton twirling classes** at the recreational and competitive levels to girls ages 4 and up. We perform at special events like parades, festivals, fundraisers, and half-time shows. Our twirlers come from cities all across NE Ohio.

For more information, please visit:  
[www.pinkladiesbaton.com](http://www.pinkladiesbaton.com) or contact  
Coach Jill Folino at  
[pinkladiescoachjill@gmail.com](mailto:pinkladiescoachjill@gmail.com)

## FAMILY HAPKIDO



### Korean Martial Arts

Thursdays 6 - 6:45 p.m.

Saturdays 9 - 10 a.m.

Student has choice of taking  
class weekly or biweekly

Price: \$50 per 8 class  
punch card

Participants must be at  
least 5 years old. For more  
information, visit  
[www.kamartialarts.com](http://www.kamartialarts.com).





# AQUATICS

## BEREA RECREATION AQUATICS 2026 WINTER / SPRING - LEARN TO SWIM

REGISTRATION FOR THESE SESSIONS IS OPEN NOW

### SATURDAY SESSIONS

Winter Sessions		Spring Sessions	
Session 1: January 10, 17, 24, 31		Session 1: March 7, 14, 21, 28	
Session 2: February 7, 14, 21, 28		Session 2: April 4, 11, 18, 25	
Class Levels and Times		Class Levels and Times	
Parent & Child / Pollywog	10:00-10:30am	Parent & Child / Pollywog	10:00-10:30am
Preschool / Tadpole	10:30-11:00am	Preschool / Tadpole	10:30-11:00am
L1 Starfish	11:00-11:45am	L1 Starfish	11:00-11:45am
L2 Sea Horse	11:45-12:30pm	L2 Sea Horse	11:45-12:30pm
L3 Dolphin	12:30-1:15pm	L3 Dolphin	12:30-1:15pm

### THURSDAY SESSIONS

NEW WEEKDAY TADPOLE CLASSES	
We are offering weekday Learn to Swim Classes at the Tadpole Level on Thursday afternoons.	
Tadpole Classes are	
Thursday afternoons from 1:00-1:30pm	
Session 1: January 8, 15, 22, 29	
Session 2: February 5, 12, 19, 26	
Session 3: March 5, 12, 19, 26	
Session 4: April 2, 9, 16, 23	

CLASS	DESCRIPTION
POLLYWOG (Parent and Child)	Have fun with your young child in the water. Ages 6 mo – 3 yrs. Instructor gives parents safety information and swim techniques to be with their child. Must be accompanied by an adult, must be at least 6 months on the first day of class.
TADPOLE (Pre-School Aquatics)	Children ages 3- 5 learn to be comfortable in the water and participate independently (without parent) in the small pool. All STARFISH skills are taught in this class. Must be at least 3 years of age on the first day of class.
STARFISH: (Level 1)	Participants learn to be comfortable in 3 ft. of water with face in the water, gliding, floating, kicking, face in the water, breathe control and crawl stroke. Ability to stand on the bottom of the big pool is helpful for active participation.
SEA HORSE: (Level 2)	Participants develop floating, gliding and rhythmic breathing skills along with swimming across the width of the pool on their front and back. Develop skills learned in Starfish.
DOLPHIN: (level 3)	Participants develop front crawl and back crawl and learn to swim the length of the pool with proper breathing. Scissor, dolphin kick and survival floating are introduced.



Learn to Swim Class Fees:  
\$40.00 for Saturday Sessions (4 classes per session)  
All sessions are individual.  
We do not prorate, split sessions, or do make up classes.



## COMMUNITY SERVICES

**THE BEREA REC  
NOW OFFERS  
PRIVATE SWIM  
LESSONS!**

**ALL AGES OF  
YOUTH & ADULT  
PROGRAMS AVAILABLE!**

**CONTACT CAROL ROMAN  
FOR MORE INFORMATION  
at 440-826-5890 or  
croman@cityofberea.org**

# LETTERS TO SANTA

The special Santa mailbox will be located outside in front of Berea City Hall & Police Station (11 Berea Commons) from Nov. 21 through Dec. 12

Please include a self-addressed, stamped envelope along with your letter and Santa will send a letter back.



# ACTIVE SENIOR NETWORK



## Dia de los Reyes

Join Melissa Kleem as she shares a traditional Puerto Rican recipe as well as the history behind Three Kings Day (Dia de los Reyes); a major Christmas holiday in Puerto Rico.

**Tuesday, Dec. 30 at 12:30 p.m.**

Mount Zion Church at 200 Mt. Zion Way, Berea

RSVP with Natalie Guzzo at (440) 826-4891 or [nguzzo@cityofberea.org](mailto:nguzzo@cityofberea.org)



**Monday, Dec. 22**

**11 am**

Active senior network room



**Join us for a Christmas themed painting class!**

RSVP with Lori Overbaugh at (440) 368-6444 or [loverbaugh@cityofberea.org](mailto:loverbaugh@cityofberea.org)

## PING-PONG

Table tennis, ping-pong, or whiff whaff whatever you call it you can play in the Active Senior Network!

## SHUFFLEBOARD

The full sized shuffleboard game is ready for some action! Come play at the Active Senior Network!

## TRIVIA WITH LORI

Think fast, laugh hard, show off your brainpower!



Join Lori every 1st & 3rd Tuesday of the month for a lightening round of fun facts and friendly competition. First game: Tuesday Jan 6 from 1-2 pm at the Berea Rec Center in the Senior Room! Lori's got the questions, do you have the answers? Contact Lori Overbaugh at (440) 368-6444 or [loverbaugh@cityofberea.org](mailto:loverbaugh@cityofberea.org)



**MONDAY MORNING MATINEE**

Popcorn and a movie are a magical combination for a Monday!

**JOIN US FOR THE FUN!**

Registration Required/  
Spaces Limited

**MONDAY, DEC. 8**  
**10 AM**

**ACTIVE SENIOR NETWORK**

Contact Michelle Skutt  
(440) 234-6080

## POINSETTIAS

*Merry Christmas from the Active Senior Network!*



We have poinsettias for our sensational Berea seniors (60 years of age or older). We have a limited number so please contact Margarette Key at [mkey@cityofberea.org](mailto:mkey@cityofberea.org) or (440) 671-3275 to reserve yours today. Indicate whether you can pick up your poinsettia or if you would like yours delivered.



**Christmas Party**

**WEDNESDAY, DEC. 17**

**11 A.M. - ST. MARY'S GARRITY CENTER**  
(250 KRAFT ST., BEREA)

**REGISTRATION REQUIRED**  
CONTACT MICHELLE SKUTT (440) 234-6080

**GET INTO THE CHRISTMAS SPIRIT WITH THE VOICE FINALIST HAYDEN GROVE**




**CHRISTMAS CAROLING**

City of Berea annual Christmas Caroling will take place on Friday, Dec. 12 from 5-9 p.m.

If you would like to join the door to door singing group or if you would like a visit from us, contact Natalie Guzzo [nguzzo@cityofberea.org](mailto:nguzzo@cityofberea.org) or 440-826-4891.

Volunteer singers will meet at St. Mary's Garrity Center (250 Kraft St.) for pizza and hot cocoa from 5-6 p.m. and we will head out for caroling at 6 p.m. We will have Senior Wheels vehicles available for the door-to-door traveling. You are also welcome to drive yourself.



# ACTIVE SENIOR NETWORK



## SENIOR LUNCHEONS



DEC

9

AT NOON

Northwestern is sponsoring  
the entertainment

ST. MARY'S GARRITY CENTER  
250 KRAFT ST., BERA

REGISTRATION REQUIRED BY DEC. 4

JAN

13

AT NOON

60 Second Trivia Blast with  
Lori Overbaugh

ST. MARY'S GARRITY CENTER  
250 KRAFT ST., BERA

REGISTRATION REQUIRED BY JAN. 8

REGISTRATION REQUIRED/SPACES LIMITED  
PLEASE RSVP TO (440) 234-6080

**\$5 PER PERSON**



## BROWN

COME JOIN US FOR

*Fun Fridays!*



## BAG BUDDIES

Pack your lunch and join the  
senior led FUN FRIDAYS! If you  
enjoy bingo, cards, corn hole and  
games... this group is for you!

**FRIDAYS**

**11 A.M. - 1 P.M.**

Active Senior Network

Registration Required:  
Contact Michelle Skutt  
(440) 234-6080

*Noon Years Eve*

**Ring in the New Year!**

Ring in 2026 with a tasty pork and kraut lunch.

Entertainment sponsored by Altenheim and Shurmur Place.

Monday, Dec. 29

Noon

St. Mary Garrity Center

Registration Required/Spaces Limited

Contact Michelle Skutt

(440) 234-6080

## About Town

Great Lakes Theater- "A Christmas Carol"

*Reminder for those who have  
registered and paid*

Dec. 3 & Dec. 10 at 10 a.m.



Reminder

Call to get the book  
title so you can figure  
out who done it!

MYSTERY LOVERS

**BOOK**

**CLUB**

Monday, Dec. 1

Monday, Jan. 5

ACTIVE SENIOR NETWORK

**1 PM**

Registration Required- Contact  
Michelle Skutt (440) 234-6080



Hooks &  
Needles

THURSDAYS

10 AM - NOON

ACTIVE SENIOR  
NETWORK



This fun senior lead group  
brings their "Hooks & Needles"  
and enjoys sharing patterns,  
conversations, and laughs.

CONTACT MICHELLE SKUTT  
(440) 234-6080



**CRAFTING**

*with Yasmine*

**Dec. 15 at 10 a.m.**

It's time for Christmas crafting with  
Yasmine. The projects are simple and  
the time shared is fun!

Registration Required/Spaces Limited  
Contact Michelle Skutt at (440) 234-6080

