

BEREA RECREATION AQUATICS

FALL 2022 - YOUTH SWIMMING PROGRAMS

**Learn to Swim
is Back!**

2022 - FALL INDOOR POOL - LEARN TO SWIM SCHEDULE

Saturday Sessions

Session 1 Saturdays October 8th, 15th, 22nd & 29th	
Class Levels and Times	
Parent & Child / Pollywog	10:15-10:45am
Preschool / Tadpole	10:45-11:15am
L1 Starfish	11:15am-12pm
L2 Sea Horse	12-12:45pm
L3 Dolphin	12:45-1:30pm

Session 2 Saturdays November 5th, 9th, 12th, & December 5th	
No Class on November 26th	
Class Levels and Times	
Parent & Child / Pollywog	10:15-10:45am
Preschool / Tadpole	10:45-11:15am
L1 Starfish	11:15am-12pm
L2 Sea Horse	12-12:45pm
L3 Dolphin	12:45-1:30pm

No Class on November 26th

CLASS	DESCRIPTION
POLLYWOG (Parent and Child)	Have fun with your young child in the water. Ages 6 mo – 3 yrs. Instructor gives parents safety information and swim techniques to be with their child. Must be accompanied by an adult, must be at least 6 months on the first day of class.
TADPOLE (Pre-School Aquatics)	Children ages 3- 5 learn to be comfortable in the water and participate independently (without parent) in the small pool. All STARFISH skills are taught in this class. Must be at least 3 years of age on the first day of class.
STARFISH: (Level 1)	Participants learn to be comfortable in 3 ft. of water with face in the water, gliding, floating, kicking, face in the water, breathe control and crawl stroke. Ability to stand on the bottom of the big pool is helpful for active participation.
SEA HORSE: (Level 2)	Participants develop floating, gliding and rhythmic breathing skills along with swimming across the width of the pool on their front and back. Develop skills learned in Starfish.
DOLPHIN: (level 3)	Participants develop front crawl and back crawl and learn to swim the length of the pool with proper breathing. Scissor, dolphin kick and survival floating are introduced.

Learn to Swim Class Fees:
\$40.00 for Saturday Sessions (4 classes per session)
 All sessions are individual.
 We do not prorate, split sessions, or do make up classes.

SWIM STROKE DEVELOPMENT CLASSES

Are you looking to refine your swim skills to compete? This program offers participants of all ages the opportunity to receive advanced training to further develop competitive swimming skills and techniques in a structured, age appropriate setting.

Contact Berea Rec. Aquatics Supervisor Carol Roman at croman@cityofbera.org with questions!

Next Session is October 18th - December 1
 (no classes on November 22nd & 24th)

Classes are Tuesday and Thursday Evenings

6:00 - 7:00pm - Ages 5 to 9 years old

7:00 - 8:00pm - Ages 10-14 years old

Participants must be able to independently swim the length of the pool without stopping or touching the wall for 25 yds.

Swim Stroke Development Class Fee: \$85.00 for 12 Classes
 All sessions are individual.
 We do not prorate, split sessions, or do make up classes.

